

Twelve Step Recovery League General Rules

Section A – Conduct Rules

1. All players must meet standards of eligibility. (Section B)
2. Rosters and ID:
 - a. All players are required to have a form of photo ID with them in case of injury or ID dispute. ID must be presented upon request.
 - b. No more than 2 players may be checked for an ID dispute.
 - c. If the player does not have ID they cannot play in that game. Some latitude will be granted to present their ID.
 - d. Teams must have their roster at all games.
 - e. If an opposing team disputes a team's roster and that team is unable to provide their roster they will automatically forfeit.
3. Restraining Orders:

There must be a current copy on file with the Commissioner prior to signing a roster, or within 48 hours of participating in any TSRL event. TSRL will abide by the restraining order legal guidelines.
4. Managers Meetings:

The manager's meetings are mandatory in order to conduct business, vote, stay informed and involved in your league. If you miss 1 meeting you must contact the board. If you miss 2 meetings, then you lose your teams spot in the league and must be voted back in by the league.
5. Elastic Power:

The board of directors and umpire shall have complete charge of all situations not covered in the rules. Rules shall be acted upon by the umpire and all decisions are final.
6. Child Safety and Supervision:
 - a. TSRL has instituted a Minor Supervision Clause. A team roster will not be accepted until the Minor Supervision Form is filled out by all players.
 - b. Each adult escorting a minor shall be responsible for minors' supervision. If the responsible adult fails to provide supervision the team as a whole will be given one warning. On the teams second offense they will be fined \$25.00.
7. Casual Profanity:

One warning per team will be given. After first warning, at the umpire discretion, a player may be disqualified.

8. No pets of any kind are allowed at TSRL events. There is a consequence of a one game suspension for engaging in smoking, vaping, chewing tobacco, dogs, and sunflower seeds. The one game suspension will be the complete game immediately following the game of the consequence.
9. No smoking and/or tobacco products (i.e., chew) are allowed in the complex, on the fields or in the dugouts.
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Section B – Eligibility Rules

1. The player must have a minimum of 14 consecutive days of abstinence from drugs and/or alcohol for playing eligibility. All participants are recovering from alcoholism and/or drug addiction and are currently involved in one of the following:
 - a. 12-step home group
 - b. Sponsorship
 - c. Sponsee of an active member
 - d. Currently participating in recognized service work
 - e. Regularly attend 12-step meetings, Alanon or Alateen
2. There is no longer a grandfather clause as of 2008.
3. Player Exemption Rule:
 - a. To meet eligibility requirements of TSRL you must be the immediate family of a qualified member. Immediate family is defined as spouse, son or daughter, sister, brother, or significant other with minimum 90 days in relationship.
 - b. Only two (2) exempt players per team allowed.
 - c. Exempt players must meet the 14-day consecutive abstinence rule.
 - d. Exempt players must be 18 years of age to play for TSRL.
 - e. An exempt player may play with their roster team if the qualifying player is not present, (i.e., sick, out of town, etc.) if the qualifying member still qualifies under the abstinence rule.
 - f. An exempt player may not pick-up for another team unless the qualifying member also pick-ups with that team.
4. In House Treatment Clause:

- a. For a treatment team to qualify for an open roster, A treatment team is defined by having players that are in house residential treatment or staff of that treatment center.
- b. TSRL will leave eligibility requirements up to the treatment center for players on in-patient teams only.
- c. Exemption does not apply to players in treatment and on roster of an open team.
- d. All players must be clean and sober while on the field.

5. Player Eligibility Protest:

The following guidelines have been set to administer TSRL eligibility.

- a. Protest of player eligibility can be made or appealed at any time.
- b. It is the responsibility of each player to "police" themselves regarding the breaking of abstinence eligibility.
- c. Eyewitness accounts will be the only evidence considered regarding the breaking of eligibility. Rumor and speculation are not sufficient.
- d. To report an eligibility violation: Players report to and/or consult their coach or the coach of a suspected violator.
- e. In the event the issue cannot be resolved at the coach's level, the issue will come before the TSRL Board for review and possible hearing.

6. Team eligibility:

If your team misses two weeks of play (4 games) your team can then lose their spot in the league. You will also forfeit all league fees.

General rules updated 2/26/2025